



**Student Affairs & Enrollment Management
CARES Act 3 Funding Proposal
Total Amount Requested: \$400,000**

August 5, 2020

Enhancing Student Mental Health Services (\$210,000)

With this funding Counseling & Psychological Services (CAPS) will increase the availability of clinical counseling and mental health case management services for students both remotely and on campus. The global COVID-19 pandemic and the Racism pandemic have further exacerbated the mental health of college students. Research shows “an increased day-to-day mental health burden for minority students arising from frustrating and alienating social encounters experienced individually or learned about vicariously.” (Jochman et al, 2019). Given these ongoing threats to physical and mental health, it is essential to prioritize student mental health services, as they will be needed more than ever. CAPS counselors have expertise around trauma-informed care – which is likely to be even more necessary as students continue to experience COVID-19 impacts and racism now and in the future. As with other tragedies, effective support and postvention is key to prevention. Additionally, CAPS has had to pivot from face-to-face operations to tele-behavioral health, requiring new skills and technologies in order to effectively meet the needs of students.

CARES Act funding would support outreach and mental health services to Black and other underrepresented students through the addition of two temporary positions:

- Temporary Clinical Counselor 1.0 FTE \$108,000 (salary and benefits); and
- Temporary Clinical Counselor 1.0 FTE (mental health case management imbedded in the Dean of Students office) \$102,000 (salary and benefits).

Technology to Support Remote Student Services/Programs (\$130,000)

Given the reality that COVID-19 requires nearly all student engagement take place remotely in Fall 2020, it is particularly important for the University to find new and creative ways to connect with students from afar. With this funding, Student Affairs & Enrollment Management (SAEM) will procure various technology-based tools to enhance the delivery of virtual student services and programs.

CARES Act funding would support remote student services through online training and technical assistance, subscriptions, software/hardware, and ancillary equipment.

Men of Color Student Mentoring Program (\$60,000)

With this funding, the Division of Equity & Community Inclusion (DE&CI) will develop a student mentoring program targeting men of color in support of increasing persistence, retention, and graduation rates. Prior to

the COVID-19 pandemic and currently, there is a 10% graduation gap between men of color and other students at SF State. In alignment with the CSU and SF State Graduation Initiative, this program will be data driven and evidence based, providing opportunities for individualized and group mentoring, academic support, and skill building workshops designed to enhance the social and academic success of men of color while learning remotely at SF State.

CARES Act funding would support Student Assistants working as peer mentors, programming that addresses how men of color (Black, Latinx, Pacific Islander, Native/Indigenous) & communities-at-large are inequitably affected by COVID-19, skill building to improve academic success and mental wellness, and programming that addresses economic & health disparities and hate & bias during COVID-19.